



Société Libanaise de Rhumatologie  
Lebanese Society of Rheumatology



# The Annual Meeting of The Lebanese Society of Rheumatology

in association with

## Ten Topics in Rheumatology

31<sup>st</sup> Oct - Nov 1<sup>st</sup>, 2014

Monroe Hotel, Beirut - Lebanon

**CME  
Credits**



# FINAL PROGRAM



In 1985, an innovative 2-day postgraduate rheumatology course was started by the Lupus Unit at St Thomas Hospital under the leadership of Professor Graham Hughes.

The aims of the course were threefold: First, to aim high and to bring in the best and most authoritative speakers in their field. Second, to concentrate on new advances, especially in lupus and the connective tissue diseases, which at that time were poorly represented in most European meetings.

Third, to keep the audience on their toes with alternating Hot Topics, short clinical vignettes and more basic updates.

The popularity of Ten Topics has grown and grown, and satellite Ten Topics meetings are now held in Barcelona, Beirut, Buenos Aires, Nice, and Rome.

For the past four years the Lebanese society of rheumatology has been organizing its annual meeting in collaboration with the Ten Topics. This year additional topics and speakers have been added to the program thus covering more needs in rheumatology.

Looking forward to meeting you in Beirut, on October 31 and November 1, 2014 for what I promise will again be a unique educational experience.

**Ghada Abi Karam MD**

*President Of The Lebanese Society Of Rheumatology*

**Imad Uthman MD, MPH**

*Coordinator of the congress*

## International Speakers

Pr. Thomas Bardin France

Pr. Ian Bruce UK

Pr. Nathalie Costedoat-Chalumeau France

Pr. Graham Hughes UK

Pr. Ali Jawad UK

Dr. Arvind Kaul UK

Pr. Munther Khamashta UK

Dr. Patrick Kiely UK

Dr. Emilio Martin Mola Spain

Pr. Corinne Miceli-Richard France

Pr. Huri Ozdogan Turkey

Pr. Michelle Petri USA

Pr. Piet van Riel Netherlands

## President LSR

### President of the Congress

Ghada Abi Karam MD

### Coordinators of the Congress

Imad Uthman MD, MPH, FRCP *Lebanon*

Munther Khamashta MD, FRCP, PhD *UK*

### Scientific Committee

Said Attoui MD *Lebanon*

Rafic Baddoura MD, MPH *Lebanon*

Abdel Fattah Masri MD *Lebanon*

Jad Okais MD *Lebanon*

### Organizing Committee

Georges Merheb MD *Lebanon*

Kamel Mroueh MD *Lebanon*



## FRIDAY 31<sup>st</sup> OCTOBER

### 08h00-08h45 REGISTRATION

08h45-09h30 Combination Therapy: Targeting Comprehensive Disease Control in RA *Imad Uthman*  
**Symposium Abbvie**

### 09h30-11h00 Session I

**Moderators:** **Ghada Abi Karam, Georges Abi Tayeh, Abdel Fattah Masri**  
Fouad Nasr memorial lecture: Hughes Syndrome/APS  
Fact and Fiction *Graham R V Hughes*  
Use and Abuse of Antinuclear Antibody Testing in CTD  
*Munther Khamashta*  
Anti-Rheumatic Drugs in Pregnancy and Lactation-BSR  
guidelines *Munther Khamashta*

### 11h00-11h30 COFFEE BREAK

### 11h30-13h00 Session II

**Moderators:** **Lama Azar, Linda Daou, Jad Okais**  
Neonatal Lupus in 2014 *Nathalie Costedoat-Chalumeau*  
Adherence to treatment in SLE: The HCQ Experience  
*Nathalie Costedoat-Chalumeau*  
Biologics in SLE; Review of Efficacy *Ian Bruce*  
Biologics in SLE; Review of Safety *Ian Bruce*

13h00-13h45

**Moderator:** **Said Attoui**  
Patients are not the same; what about Anti-TNFs?  
"Individualizing RA Treatment" *Piet van Riel*  
**Symposium Pfizer**

### 13h45-14h30 LUNCH sponsored by Pfizer

### 14h30-15h45 Session III

**Moderators:** **Rafic Baddoura, Andre Megarbane, Nelly Ziade**  
State of the Art and Future Perspectives in Genomic and  
Epigenetic Studies in Spondyloarthritis  
*Corinne Miceli-Richard*  
Psoriatic Arthritis: An Update on Aetiology and Management  
*Arvind Kaul*  
Spondyloarthropathies: Practical Thoughts on Management  
*Arvind Kaul*

### 15h45-16h15 COFFEE BREAK sponsored by NewBridge

### 16h15-17h45 Session IV

**Moderators:** **Nabil Alameh, Zeina Aoun, Kamel Mroué**  
What's Hot in RA Management? *Patrick Kiely*  
ILD in Myositis, Biomarkers on the Horizon *Patrick Kiely*  
Periodic Fevers: An Update. *Ali Jawad*

## 17h45-18h15 OPENING CEREMONY

18h15-19h00

**Moderator:** **Imad Uthman**  
“Rapid Response: Predictable Future in RA and SpA” *Patrick Kiely*  
**Symposium NewBridge**

19h15-20h00

**Moderator:** **Kamel Mroué**  
“Road to Remission in RA: A Medical Update” A Roche  
initiated Medical Education *Thomas Bardin*  
**Symposium Roche**

## SATURDAY 1<sup>st</sup> NOVEMBER

### 08h30-09h00 REGISTRATION

09h00-09h45

**Moderator:** **Abdel Fattah Masri**  
Optimization of Biologics Use in Rheumatoid Arthritis  
*Emilio Martin Mola*  
**Symposium Janssen**

### 10h00-11h30 Session V

**Moderators:** **Abdel Fattah Masri, Serge Fenianos, Imad Uthman**  
Update on SLE Clinical *Michelle Petri*  
Update on SLE Treatment *Michelle Petri*  
APS Nephropathy *Munther Khamashta*

### 11h30-12h00 COFFEE BREAK

### 12h00-13h30 Session VI

**Moderators:** **Said Attoui, Awatef el Amrani, Fady Haddad**  
Gout comorbidities: How do they impact Clinical Management  
and Health Outcomes? *Thomas Bardin*  
Toward a national registry for rheumatoid arthritis,  
ankylosing spondylitis and psoriatic arthritis: A step forward  
linking a treat to target approach and safety feedback  
*Rafic Baddoura*  
Capillaroscopy and Digital Ulcers *Georges Merheb*  
**Actelion Session**

13h30-14h30

**Moderator:** **Imad Uthman**  
Review and Updates on Systemic Juvenile Idiopathic  
Arthritis (SJIA) *Huri Ozdogan*  
**Symposium Novartis**

### 14h30-15h30 LUNCH sponsored by Novartis

## **ACKNOWLEDGMENTS**

THE LEBANESE SOCIETY OF RHEUMATOLOGY wishes to express its special thanks and gratitude to the following companies for their generous contribution.

### **Major Sponsors**



### **Co-Sponsors**

ACTELION  
ACINO SWITZERLAND  
ALGORITHM  
BENTA S.A.L  
EBEWE PHARMA  
ELI-LILLY  
GENERAL CPY FOR TECHNICAL SERVICES (GCTS)  
MERCK SERONO  
MERCK SHARP & DOHME  
MERSACO sal-JANSSEN DIVISION  
PACIFIC PHARMA  
PHARMALINE  
PHARMAMED  
SPEPHAL/MAYOLY  
TARGET FOOD CO  
UNION PHARMACEUTIQUE D'ORIENT S.A.L  
VENUS DRUGSTORE

### **Registration Fees:**

*Lebanese Rheumatologists Free*  
*Lebanese Participants LBP 50,000 with lunch*  
*Free access to the scientific sessions (without lunch)*  
*Non Lebanese Participants \$250*

### **Registration fees include:**

*CME Credits, congress bag, certificate of attendance, access to scientific sessions and exhibition area, lunches and coffee breaks.*